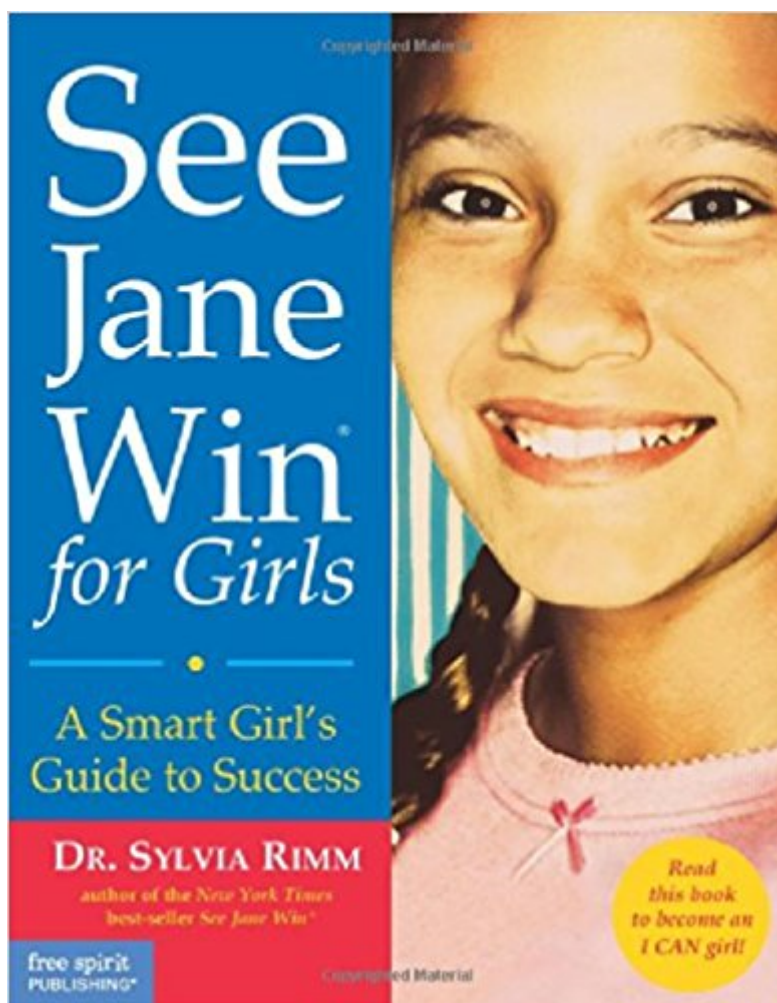


The book was found

See Jane Win For Girls: A Smart Girl's Guide To Success



Synopsis

In the 1990s, child psychologist Sylvia Rimm and her daughters—Sara, a research psychologist, and Ilonna, a pediatric oncology researcher—surveyed more than 1,000 satisfied, successful women. Their goal was to “identify the essential childhood elements that encouraged these women to achieve fulfilling careers—so other parents could give their daughters the same advantages. Their results and advice were published in *See Jane Win*, which became a New York Times and Wall Street Journal best-seller. *See Jane Win* teaches parents how to help their daughters. *See Jane Win* for Girls teaches daughters how to help themselves. Dr. Rimm gives girls the “I Can” tips and tools they need to be confident, capable, eager to learn, and ready to lead.

Book Information

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Best Sellers Rank: #594,905 in Books (See Top 100 in Books) #16 in Books > Teens > Social Issues > Peer Pressure #156 in Books > Teens > Social Issues > Self-Esteem & Self-Reliance #157 in Books > Teens > Personal Health > Self-Esteem

Customer Reviews

Grade 5-9-Rimm has adapted her best-selling guide to success for women, *See Jane Win* (Crown, 1999), for a younger audience. Here, she offers advice and strategies to help readers become "I CAN girls"-individuals who are smart, motivated, creative, and persistent, among other admirable qualities. The message is strong and simple, the advice is practical, and readers looking for guidance and direction will respond positively to the book's format. The author tackles issues such as self-esteem, failure, and change in a clear and gentle manner. Each chapter offers basic tips on how to improve one's skills, both academic and social, along with quizzes and activities. Success stories and inspiring quotes from famous and successful women from a wide range of backgrounds and careers are scattered throughout. A useful self-help book and practical guide to life. Laura Reed,

“Readers looking for guidance and direction will respond positively to the book’s format.... A useful self-help book and practical guide to life.”
•School Library Journal
“This whole book is written with touching sensitivity and tact, yet is very direct and very specific. It speaks with a voice of experience without moralizing. I would buy a dozen and hand them out to every young girl I know.”
•Gifted Education Communicator
“Girls wishing to build their self-esteem will enjoy this book, and its suggestions.”
•Library Media Connection

I first found out about this book through a friend’s daughter who was reading it. Her Mum had bought it for her at a parenting course she had been on. My 9 1/2 year old daughter is reading it and we have had some really great mother daughter discussions about the content of this book. It gives some really inspiring advice and anecdotes from successful women and is such a true reflection on life, people, relationships, becoming your own person and much much more. It is difficult if not impossible to find a N.Z. book like this and yet this book reflects our lifestyle in N.z. as much as anywhere else. I love this book because it challenges the reader and brings about self reflection on so many aspects of life. It is also a tremendous place to start as regards parent child dialogue because the book takes the lead and gives the parent an opening into many fruitful discussions and personal sharing on their own life experiences. Every preteen and teen should read it and I am so grateful to have found it.

While I haven’t read the entire book yet, I did read an excerpt to my 12 year old daughter. Very timely considering the age and what middle-schooler’s thoughts and behaviors are these days. I think the book is very appropriate for the 8 to 12 year old range...very easy read with practical advice. Some of which I wish I had before I became an adult woman :-). Great reminders that the sky’s the limit, to believe in yourself and hard work always pays off. Written on their level with girls in mind...would definitely recommend it.

Look forward to sharing with middle school teachers who assist science fair entrants.

Dr. Rimm has done a fantastic job of translating her findings from her research for See Jane Win and How Jane Won into a format that girls can appreciate and relate to. I plan to give this to my

niece and any other girls who can use it.--Catherine Dee, author of *The Girls' Book of Success* (2003)

This book was easy to read for my daughter, who is eight years old. The activities were great and it spoke to her on her level.

great tips for girls, good info on how to find out more about yourself , my 10 year old really enjoyed it

A fun-and-valuable read for girls in upper elementary or middle school, Rimm's *See Jane Win for Girls* is a self-esteem boosting, self-discovery book that girls enjoy. My 12-year-old daughter enjoyed reading this book to review with me, and she was smiling often, and even laughed out loud. From Brainpower to Social Smarts (or not!), continuing to tough topics including When Things Change (moving, new school, divorce, etc.) and Family (anger, parents, siblings, and more), Rimm talks about many of the everyday and extraordinary issues facing smart girls today, and offers introspection and ideas for dealing with them, and growing from them. *See Jane Win for Girls* is mixed with quotes and questions from young girls, quotes from grown-up girls, and inventories and tips to make the book even more personal for your smart girl. I'd recommend this book for all gifted young girls, before, during and after those difficult middle school years.

This truly is a wonderful book, full of encouragement for young girls everywhere. Written in a way that is both entertaining and also with great insight, it's sure to catch any young reader's eye. I found myself smiling, shaking my head in agreement and truly enjoyed the "I Can" sections. Tips on self-esteem, improving your social skills, help with your family, dealing with changes, it's all there. This is an outstanding book for the entire family to share! Also interactive with the reader, which is always a plus! Very good read!

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